



Women's Night Out

Preparing for the Holidays Inside and Out

We all want to feel and look our best during the holiday season, but we find ourselves spending most of our time taking care of others.

St. Joseph Mercy Oakland (SJMO) invites you to explore different ways of taking care of yourself as the holiday season approaches. Your evening includes:

- ❖ Light dinner and dessert with a cash bar
- ❖ Comedy of Chrissy Burns, "Laughter is Good Medicine"
- ❖ Tips on exercise, nutrition and other health topics from SJMO physicians
- ❖ Holiday fashion show with clothing from Marshall Fields and makeup from Christian Dior
- ❖ Drawings with pampering prizes
- ❖ Free gifts

Marshall Fields Dior

Please join us:

THURSDAY, OCTOBER 20, 2005
5:30 to 8:30 p.m.
Oakhurst Golf and Country Club
7000 Oakhurst Lane, Clarkston
(off Clintonville Rd., north of Walton Rd.)

Registration cost is \$16 per person. Space is limited. To reserve your seat, call (888) 743-8238. Please make your check or money order payable to SJMO and mail it with the registration form to:

St. Joseph Mercy Oakland
Attention Jennifer Munro
281 Enterprise Court, Ste. 400
Bloomfield Hills, MI 48302

Pre-registration is required by
TUESDAY, OCTOBER 18.



REGISTRATION

Name _____

Address _____

City, state & ZIP _____

Phone _____ Email _____

Additional name(s) _____

Enclosed, please find my check / money order made payable to SJMO.

Total amount enclosed (\$16 per person) _____